

Aminah's story: Complex needs



- ◆ Aminah is 73 and lives alone in her home in Hounslow. Her twin brother Ali, with whom she is close, lives down the road with his wife and their three children. Aminah used to assist in the running of Ali's local convenience store but has had a history of health issues, one being the loss of a kidney when she was 28, and her subsequent diagnosis of bipolar 5 years later.
- ◆ Aminah has recently been diagnosed with Alzheimer's. She has to visit her hospital regularly for kidney dialysis and her brother Ali is particularly concerned that she will forget to eat and drink regularly which is key in keeping herself healthy. Ali's wife Farah takes Aminah to her appointments and pops in twice a day to check in on her while Ali runs their business.
- ◆ However Aminah has been in a particularly low mood since her diagnosis and Farah is struggling to give her the support she needs whilst supporting her children. Ali and Farah support Aminah financially but Ali is struggling to run the business on his own without the support of his wife.
- ◆ Aminah is finding taking all her different medications difficult to track and has recently found herself taking multiple doses of bipolar medication in a day.